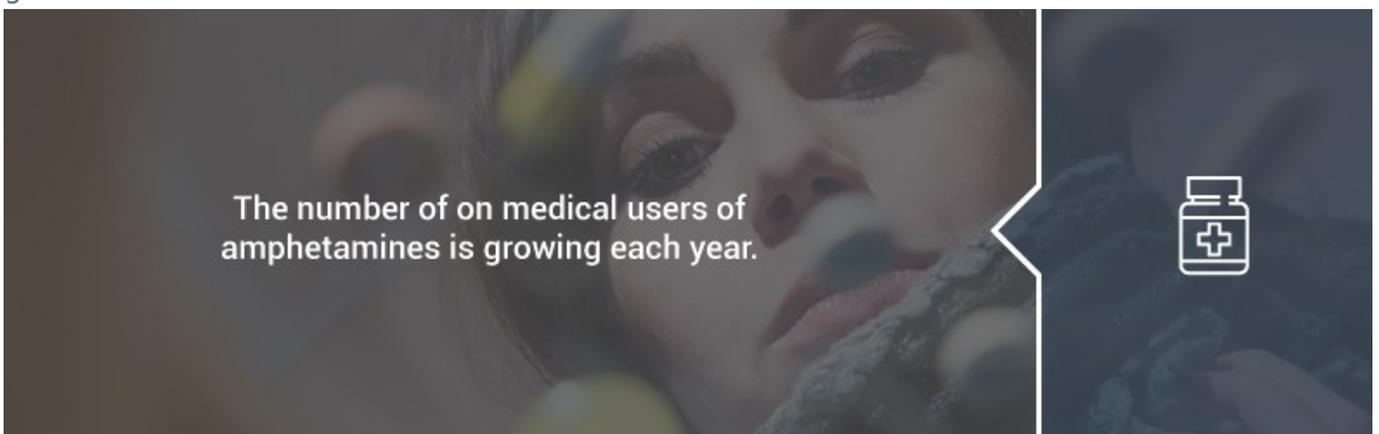




### **Addressing Amphetamine Addiction at Wellness Retreat Recovery**

Wellness Retreat Recovery Center's advanced, 12-step optional holistic approach to amphetamine addiction rehabilitation is based on personalized care focused on the underlying root factors of addiction. That way, our clients truly heal because they address the psychological and physical issues underlying their addictions. Furthermore, our advanced scientific, evidence-based approach effectively identifies and treats harmful patterns at the center of addictive, negative thinking and behavior. In summary, Wellness Retreat Recovery Center clients develop strategies that allow them to overcome self-defeating behaviors for good.



The number of on medical users of amphetamines is growing each year.



### **Detoxing from Amphetamines**

In general, amphetamine addiction can result in withdrawals that appear mostly as anxiety,

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hypersomnolence, depression, flat-affect, hallucinations, and delusions, among other symptoms. In that case, it's important that those addicted to these drugs receive professional detoxification assistance to prevent a return to amphetamine use and to ensure successful maintenance of sobriety. Also, it's vital that those struggling with addiction to these substances get the treatment they need through innovative therapy and relapse prevention strategies. Then, they can go on to live healthier lifestyles which are incorporated during treatment.



### **Helping an Amphetamine-Addicted Loved One**

If you have a loved one who is struggling with amphetamine abuse, you're probably feeling overwhelmed and frustrated. Additionally, the problem could be getting worse, making things even harder for you and your family. Maybe even to the point that your family has to get help or terrifying consequences will ensue. And, without treating amphetamine abuse, it has the potential to cause multiple physical, psychological, and even emotional damage. Plus, it can even lead to life-long irreversible issues and even death itself. So, if addiction is evident, treatment is necessary. Otherwise, the battle with addiction won't end until life does.

Sadly, addiction doesn't just disappear. Your loved one desperately needs professional help to gain true, lasting sobriety. Unfortunately, without the help he or she needs, a loved one abusing amphetamines may never steer clear of the path that is an addiction. And, may become one of the dreaded fatality statistics if addiction is never addressed.

Unfortunately, it's commonly said that one must hit "rock-bottom" in order to be helped. Hence, a person has nowhere left to turn besides treatment. In turn, they are forced to get help and choose a lifestyle of recovery. Regrettably, the rock-bottom for many abusing substances like amphetamines means an overdose death. So, it's vital that your loved-one gets treatment before hitting this inevitable low brought on by an addictive lifestyle.



### Signs of Amphetamine Addiction

Commonly, when someone abuses amphetamines, it may be possible to identify addiction by experienced symptoms. So, if you notice symptoms of amphetamine addiction in a loved one, it's likely they may be struggling with the cycles of addiction. Symptoms of amphetamine addiction may include:

- Increased body temperature
- Euphoria
- Increased blood pressure
- Dry mouth
- Faster breathing
- Dilated pupils
- Increased energy and alertness
- Decreased fatigue
- Decreased appetite
- Hostility
- Paranoia
- Aggressiveness
- Cardiovascular system failure
- Irregular heartbeat
- Nausea
- Headache
- Reduction of social inhibitions
- Altered sexual behavior
- Blurred vision
- Chest pain
- Hallucinations
- Unrealistic ideas of personal ability and power
- Convulsions

Malnutrition  
Skin disorders  
Amphetamine-caused psychosis



## **Treatment for Amphetamine Addiction**

Fortunately, when individuals are ready to receive treatment, it can be highly effective. However, individuals must be willing and dedicated to a life of recovery. In summary, if you have questions about talking to a loved one about treatment or you are ready to get treatment for yourself, it's not too late. **Give us a call** here at Wellness Retreat Recovery to talk to an addiction specialist about treatment options today. Gain freedom from addiction and become the person you are meant to be!